Day One: Monday 20th June 2011

8:30 Registration and Morning Coffee

9:00 Opening Remarks From the Chairmen

9:10 **Assessing Suicidal Patients: How to Sleep Better at Night (Most Nights). Some Practical Pointers from an Emergency Psychiatrist**
- Challenges for mental health and general medical staff in an emergency department
- Emergency departments as sites for screening and intervening for suicide risk
- Process improvements based on common themes from adverse outcomes • An intervention which clarifies non-diagnosis related components of suicide risk, identifies targets for intervention and invites the patient and their carers as active collaborators in managing risk

Dr Conrad Newman, Senior Consultant Psychiatrist, Emergency Services, Noarlunga Health Service, Adelaide SA

9:50 **Victorian Mental Health Units Initiatives**
- Building on success – the Victorian Dual Diagnosis Initiative
- The continuum of care from crisis to community recovery and support
- Re-orientating to developmental models infant, child, youth, adult and older peoples mental health care.
- Work in progress – workforce planning, training and development

Leanne Beagley, Manager Service Improvement - Mental Health, Drugs and Regions Division, Department of Health, Victoria

10:30 Morning Tea

11:00 **South Australian Mental Health Initiatives**
- The physical health of people with mental illness
- Risk assessment
- Clinical handover and integrated care
- Improving access to services

Lynne James, Principal Project Officer Suicide Prevention, SA Health Office of the Chief Psychiatrist

11.40 **COAG Reform Council's National Approach on Mental Health**
- What is the role of the COAG reform council and where this sits under the government?
- The importance of comparative reporting on how effective governments deliver services in the context of COAG and reform
- An overview of indicators we report on in the mental health area
- Solutions to develop better indicators and measures in the future

Andrew Hayne, Senior Advisor Healthcare & Disability, COAG Reform Council

12:20 Lunch

1:20 **Bridging the Gap - Effective Communication Between Hospital & Community Services**
This study focused on improving the clinical handover from inpatient private mental health care to ongoing care in the community. It is well recognised that gaps in service delivery can have negatives outcomes for patients as they tend to fall between the cracks. Improving communication between hospital and the community results in improved safety and quality of care, as well as decreased likelihood of adverse events. Some of the issues that had to be addressed by the study team included:
- Inconsistent discharge and handover strategies
- Poor communication and coordination with community practitioners
- Inconsistent documentation
- Timelines

Sean Fitz-Gerald, Nursing Unit Manager Xavier Unit (Post Traumatic Stress Disorder), St John of God Hospital, Richmond

2:00 **The Client with a Mental Illness the ED Waiting Room and Stigma**
- The perspectives of ED and MH clinicians
- How they fit with theories of stigma
- Clients with a mental illness – what to do with them and where do they wait

Marc Broadbent, Lecturer, School of Nursing and Midwifery, CQUniversity

2:40 Afternoon Tea

3.10 **The Mental Health Industry & the Emotional Well-Being of Young People**
- Much misinformation has been propagated in the name of Youth Mental Health
- The evidence base for 'early intervention' with youth is poor; the evidence for interventions with infants and new parents is stronger
- Prevailing views about preventative MH interventions largely ignore our two most important social institutions – the family and the school
- Strengthening of these institutions will enhance emotional well-being of children and of our community

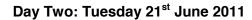Dr Jon Jureidini, Head, Department of Psychological Medicine, Women's and Children's Hospital, Adelaide

3.50 **Yarning About Mental Health: Update From the NT Aboriginal & Islander Mental Health Initiative (AIMhi NT)**
- Client engagement, compliance and attrition in Indigenous mental health care
- Challenges and enablers to engagement in community, primary care and hospital settings
- A model for understanding factors that influence engagements
- Strategies and recommendations for action and change

Associate Professor Tricia Nagel, Consultant Psychiatrist and Research Fellow, Top End Mental Health Services & Menzies School of Health Research

4:30 Closing Remarks From the Chairmen

4:40 IIR Invites all Speakers and Delegates to Attend an Informal Networking Drinks Reception

Day Two: Tuesday 21st June 2011

8:30 Registration and Morning coffee

9:00 Opening Remarks From the Chairmen

9:10 **Panel Discussion: Mental Health Units & ED - Collaborations & Key Learning's**
- Core workforce skills in the ED Department and the Mental Health units and the commonalities and differences
- How to improve communication between the ED and Mental Health Units
- Competency and requirements for future Mental Health Units workforce
- Key learning's for the future

Panellists include:
Tim Wand, Mental Health NP, Royal Prince Alfred Hospital
Marc Broadbent, Lecturer, School of Nursing and Midwifery, CQUniversity
Gerry Dares, Lecturer, CQUniversity

10:10 **Connecting Rural Communities with Integrated Mental Health Services: Learning's from South Australia**
- Developing bed-based acute inpatient services in Country hospital settings
- Practice Development Communities to support workforce capability
- A Community engagement approach – the Berri Integrated MH Unit Working Group
- Extending out-of-hours support via Emergency Triage Liaison Service
- The challenges which remain

Philip Galley, Clinical MH Nursing Director, Country Health SA Mental Health Services, Rural & Remote Health Service, SA Department of Health

10:30 Morning Tea

11:00 **Evolution Not Revolution: Development of the Mental Health NP Role at RPAH**
- Development history
- The RPA model now
- Daily practice

Tim Wand, Mental Health NP, Royal Prince Alfred Hospital

11:40 **Quality & Safety: Experience from the Application of Clinical Governance Reviews in WA Revision of Approaches**
- Conclusions from analysis of 6 years of Clinical Governance Reviews in WA
- A new and exciting application for the Clinical Governance Framework "Thematic Reviews"
- Experience to date from thematic reviews - bouquets and brickbats

Rowan Davidson, Chief Psychiatrist, WA Department of Health

12:20 Lunch

1:20 **Case Study: The Day the Cavalcade Came to Town: Experiences of Establishing a Forensic Mental Health Unit in Regional NSW**
- Myth Busting: Educating the community about Forensic Mental Health
- The challenges of recruiting staff to the specialist area of Forensic Mental Health
- Engagement of Forensic Mental Health service providers at the state-wide level
- Forensic Mental Health rehabilitation, continuing the journey of recovery whilst addressing criminogenic need
- Measuring outcomes, how we plan to know if our programs are effective

Rebecca Halsey, Nurse Unit Manager, Macquarie Unit, Bloomfield Hospital

2:00 **Clozapine - Nurse Led Clinics - The Dream**
The Coordination Required to Achieve Consistency of Practice & Information Flow - The Reality
- The challenges we faced in establishing a coordinated approach to Clozapine care across six metropolitan teams and six hospitals in SA
- Ensuring the Clozapine information flow across inpatients, community mental health teams, emergency departments and general practice
- Dispelling the myth that Clozapine management is scary
- The Clozapine Tool Kit: A series of protocols, pathways, flowcharts and clinic aids to assist the clozapine novice both medical and nursing to survive a clozapine clinic
- The path ahead - Nurse led clinics

Lisa Wilton, Advanced Clinical Practice Consultant - Mental Health GP Shared Care Adelaide Health Service, Central and Northern Mental Health Services, SA Health
Dr Scott Clark, Psychiatry Registrar, Rural & Remote Mental Health Service, Country Health SA

2:40 Closing Remarks From the Chairmen

2:50 Close of Conference & Afternoon Tea